

SENIOR COURSE
SELECTION GUIDE
2026 – 2027

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High School – an important and exciting time of your life as you plan and pursue your goals. Choose courses that will give you a variety of learning experiences and that will open doors of opportunity for you beyond high school – in further education or the world of work.

When choosing your courses, consider:

- satisfying your graduation requirements
- the recommended entrance standards for college and university
- Any specific entrance requirement for your anticipated post-secondary programs

Please note that some senior level courses may be offered every other year and courses with low enrollment may be cancelled or offered in a different format. Discuss your plans with your parents and your teachers to create a course list for your greatest success.



GRADUATION REQUIREMENTS (2023 GRAD PROGRAM)

80 Credits are required in Grade 10 –12 (equivalent to 20 four credit courses) for graduation.

(52 credits are required courses, including:)

Language Arts 10 – two 2 credit courses	4 Credits
Social Studies 10	4 Credits
Science 10	4 Credits
Mathematics 10	4 Credits
Physical and Health Education 10	4 Credits
Career Life Education	4 Credits
English 11 First Peoples	4 Credits
Social Studies 11 or 12	4 Credits
Science 11 or 12	4 Credits
Mathematics 11 or 12	4 Credits
Art Education and/or ADST	4 Credits
English 12	4 Credits
Career Life Connections and Capstone Project*	4 Credits
Elective Courses	4 Credits
Total	28 Credits

A minimum of 16 credits (4 courses) must be earned at the grade 12 level. 8 of these credits will be fulfilled by the completion of English 12 and Career Life Connections & Capstone.

REQUIRED ASSESSMENTS (which are mandatory)

Grade 10 Numeracy Assessment

Grade 10 Literacy Assessment

Grade 12 Literacy Assessment

HUMANITIES

ENGLISH LANGUAGE ARTS 10

You will have to pick two of the following five courses; each one will be half a semester long and is worth two credits.

COMPOSITION 10 (MCMPS10)

This course focuses primarily on improving writing skills. It will instruct students on how to improve grammar and spelling, how to write for different audiences, and how to construct a sound and reasoned argument. Students will apply their writing techniques in a variety of assignments.

CREATIVE WRITING 10 (MCTWR10)

This course focuses on the creative aspects of writing. Students will learn how to fully develop their creative abilities and develop new understandings of stories and poetry. Students will examine existing stories to help them better understand how to improve their own.

LITERARY STUDIES 10 (MLTST10)

This course focuses on literary analysis. Students will examine short stories, novels, poetry, and other forms of literature and learn to analyze and discuss the material. Students will apply their analytical skills in a variety of assignments.

NEW MEDIA 10 (MNMD-10)

This course focuses on the inclusion of new forms of media into the standard English curriculum. Students will explore new formats for stories and different ways to present. Online videos, blogs, and social media apps will be explored as possible sources of literature and information. Digital citizenship will be explained and discussed as it becomes ever more integrated into society.

SPOKEN LANGUAGE 10 (MSPLG10)

This course focuses on the verbal aspects of English. There will be speeches and debates, an exploration of how different sounds and performances can add emphasis to stories that are already impactful.

ENGLISH 11 FIRST PEOPLES (Required Course or Equivalent) (MEFP-11)

In this course, students will examine First Peoples Literature and writing and recognize its importance in both understanding First Peoples' culture and history as well as in moving forward with Reconciliation. *This course will satisfy the BC Graduation Requirement of 4*

credits in Indigenous Focused Coursework and the Language Arts 11 Credit.

ENGLISH 12 (Required Course or Equivalent) (MENST12)

The required English Studies 12 course builds upon the skills developed in previous English courses and also focuses on effective communications, critical thinking, exploration of texts, self-reflection and understanding, and an understanding of what it means to be both a Canadian and global citizen.

CREATIVE WRITING 12 (MCTWR12)

Have you ever been in an English class and found yourself wishing you could spend more time writing creatively instead of focusing on academic writing and essays?

Creative Writing 12 is designed for students who are passionate about storytelling and self-expression through writing! This course encourages students to explore personal and cultural identities, experiment with genres, and refine their craft in a supportive, collaborative environment. You will learn how to write: Short Fiction, Poetry, Micro-fiction, Memoirs, Autobiography, Horror, Comedy, Fantasy, Coming of Age.

We will explore the narrative conventions used in multiple genres of the written word and by the end of the course, you will have a portfolio of edited and polished work suitable for real-world publication and contest submissions.

SOCIAL STUDIES 10 (Required Course) (MSS- -10)

Social Studies 10 will examine the period of 1919-Present Day with a focus on development, structure, and function of Canadian Government, including First Peoples governance; political and economic ideologies and the development of Public policy; changing conceptions of identity in Canada; Canadian autonomy; domestic conflict and cooperation; discriminatory policies and injustices in Canada; international conflicts and cooperation; human-environment interaction; economic development and Canada's role in a global economy; and truth and reconciliation in Canada. Students will use inquiry skills to ask questions and research answers, analyze ideas, and communicate findings and decisions; all at a level that builds upon the skills of the previous course.

EXPLORATIONS IN SOCIAL STUDIES 11 **(Required Course) (MEPSS11)**

Social Studies 11 is now designed to show off the many possible courses that can be taken at the grade 11-12 level under the Social Studies umbrella. Students will learn little bits from such courses as 20th Century World History, Genocide Studies, Asian Studies 1850 – Present, Contemporary Indigenous Studies, BC First Peoples, Urban Studies, Law Studies, Economic Studies, Philosophy, Comparative Cultures, Human Geography, Social Justice, and Political Studies. Often times, the Big Ideas from these courses will overlap, demonstrating the inter-connectedness of the world of Social Studies. *This course will satisfy the BC Graduation Requirements of 4 credits in Social Studies 11 or 12 course work.*

SOCIAL JUSTICE 12 (MSJ- -12)

This course is designed to raise awareness about social injustice in the world, and to provide students with the knowledge and tools to help them analyze and provide solutions of social injustice. Possible topics of discussion include homophobia, racism, issues associated with gender, media awareness, and issues surrounding modern warfare and environmental problems. This course will be fitting for those students who keep an open mind and value progression and diversity. *This course will satisfy the BC Graduation Requirements of 4 credits in Social Studies 11 or 12 course work.*

SCIENCE COURSES

SCIENCE 10 (Required course) (MSC- -10)

Science 10 is a course that is designed to build and connect the understanding of science in the context of daily life as well as to introduce the disciplines of science that might be studied in senior courses. During the 2 terms the disciplines covered are: Genetics, Chemistry, Physics and Astronomy. Students will gain practical scientific skills and knowledge and develop positive science attitudes, as well, they leave this course with a greater appreciation for the importance and relevance of science in their lives and develop a stronger personal interest in science.

EARTH SCIENCE 11 (MESC-11)

This course examines the Earth and its place in the universe. Topics include a study of 1. Atmospheric Science: atmosphere, weather and climate. 2. Oceanographic Science: ocean basins and currents. 3. Astronomical Science: volcanoes, earthquakes, earth materials, Earth's history, plate tectonics and our solar system. Some lab work is required, but this course does not require highly specialized math skills. *"Meets Grade 11 Science requirements"*

LIFE SCIENCES 11 (MLFSC11)

Life Sciences 11 is suited for students with a strong interest in Science or who require a specific background in Biological Sciences. This course introduces students to the vast diversity of life and considers how varied organisms are related. Students will closely examine adaptation, evolution, microbiology, botany (plant biology), and zoology (animal biology). Students will have the opportunity to dissect a variety of organisms. *This course "meets grade 11 science requirements."*

ANATOMY AND PHYSIOLOGY 12 (MATPH12)

Anatomy and Physiology is suited to students interested in the human body or requiring a specific background in the Biological Sciences. In this course, students will study cellular biology, which examines cell structure and function, as well as the major categories of biomolecules. They will learn about DNA replication and protein synthesis and examine current explanations for diseases such as cancer. Students will focus on human biology as they study the digestive, respiratory, circulatory, excretory, nervous, and reproductive systems. Students will further explore the body systems by completing dissections. By the end of this course, students will develop an appreciation for the complex interrelationships that exist between the various parts of the human body. This course "meets the requirement as an academic 12 for some universities".. ***Recommended: Life Sciences 11***

CHEMISTRY 11 (MCH- -11)

Chemistry 11 is strongly recommended

Chemistry is the study of different types of matter and their interactions with each other. Some topics covered are chemical reactions, atom composition, bonding,

chemical solutions, and organic chemistry. A strong background in mathematics is helpful because much of the classroom work involves calculations. Approximately 20% of class time will be devoted to laboratory experiments. *This course meets grade 11 science requirements.*

CHEMISTRY 12 (MCH -12)

The science of chemistry focuses on the structure and interaction of matter at the atomic and molecular levels. Chemistry 12 is intended to provide students with a foundation in chemistry which can be further used in a multitude of disciplines. The range of topics is narrower, and the math is more rigorous and detailed than in chemistry 11. The topics covered are reaction rates, chemical equilibrium, acids and bases, and electrochemistry. There will be an emphasis on quantitative problem solving as well as some qualitative, analytical work, particularly in the lab. Meets the requirements as an academic grade 12 science for some universities.

NOTE: Chemistry 12 will be offered every second year for the 2027-2028 and 2029 – 2030 School years.

PHYSICS 11 (MPH - -11)

Physics 11 focuses on “how things work” and is intended for students who have a strong interest in Physics or need a background in the physical sciences to support future career plans (ie. electrician, engineer, mechanic). Physics 11 introduces: kinematics, dynamics, energy, waves and electric circuits. Approximately 20% of the course grade is determined from the evaluation of laboratory work.

PHYSICS 12 (MPH- - 12)

Physics 11 Strongly Recommended

Physics 12 is intended for students who have a strong interest in Physics or need a background in the physical sciences to support future career plans (ie. electrician, engineer, mechanic). Physics 12 extends students understanding of kinematics, dynamics, momentum, and energy. Topics covered may also include optional modules on equilibrium, electromagnetism, or circular motion. *Physics 12 is offered every second year at PSS; during the 2026-2027 and 2028-2029 school years.*

PSYCHOLOGY 12 YPSYC2A

Psychology 12 explores human thought, emotion, and behavior through a scientific lens, helping students deepen their understanding of human behavior and mental processes. Through engaging lessons and discussions, students explore how psychological theories apply to real life, including problem-solving, learning, relationships, and person growth. Whether you’re interested in careers in psychology, healthcare, or simply want to gain insight into human behavior, Psychology 12 provides valuable knowledge and critical thinking skills. *Psychology 12 is a science-based elective course that counts as 4 elective credits. This course does not meet the Science Grade 11/12 Graduation Requirement.*

*****Note: This course is open to students in Grade 11 and 12*****

BA PROTECTIVE SERVICES 11A (YPSS-1A FOR)

Fingerprints. Blood Splatter. DNA Analysis. The world of law enforcement is increasingly making use of the techniques and knowledge from the sciences to better understand the crimes that are committed and to catch those individuals responsible for the crimes. Forensic science applies scientific knowledge to the criminal justice system. This course focusses on some of the techniques and practices used by forensic scientists during a crime scene investigation (CSI). Starting with how clues and data are recorded and preserved, the student will follow evidence trails until the CSI goes to trial, examining how various elements of the crime scene are analyzed and processed. *This course satisfies 4 credits towards general electives in the BC Graduation Program.*

MATHEMATIC COURSES

FOUNDATIONS OF MATHEMATICS & PRECALCULUS 10 (COMMON MATHEMATICS 10(MFMP-10))

This is an academic course designed to provide students with the mathematical thinking skills required by post-secondary institutions. Students practice and develop their reasoning, communication and problem-solving skills while increasing their understanding of math concepts. Topics include Exponents, Graphing, Linear equations, Polynomials, Trigonometry, Probability and Finance. *This course satisfies the required Math 10 component of the graduation program.*

WORKPLACE MATH 10 (MWPM-10)

This course is designed to provide students with the mathematical thinking skills required by trades and apprenticeship programs or for direct entry into the workplace. Students practice and develop their reasoning, communication and problem-solving skills while increasing their understanding of math concepts. Topics include: Measurement, Graphing, Game Strategy, Trigonometry, Probability and Finance. *This course satisfies the required Math 10 component of the graduation program.*

FOUNDATIONS OF MATHEMATICS 11 (MFOM-11)

Foundations of Mathematics 11 is an academic mathematics course for students who are considering college or university after high school. Topics include Geometry, Statistics, Inequalities and Quadratics. Students are expected to own or rent a T1-83 plus or T1-84 plus graphing calculator. *“Meets the Math 11 requirements”.*

WORKPLACE MATH 11 (MWPM-11)

This course is a continuation of Apprenticeship and Workplace Math 10. This pathway is specifically designed to provide students with mathematical understanding and critical thinking skills identified for entry into the majority of trades at the post-secondary level and for direct entry into the work force. Topics include Financial Services, Personal Budgets, Graphical Representations, Surface Area, Volume and Capacity, Scale Representations, Trigonometry, Scope, and Rule of Change. A scientific calculator is required for this course. *“Meets the Math 11 requirements”*

PRE-CALCULUS 11 (MPREC11)

Pre-Calculus 11 is an academic mathematics course. Students who require Calculus for college or university entrance and/or those students who enjoy algebra should consider this course. Topics include Radicals, Trigonometry, Rational equations, Quadratic equations, and Sequences. Students are expected to own or rent a T1-83 plus or T1-84 plus graphing calculator. *“Meets the Math 11 requirement”.*

PRE-CALCULUS 12 (MPREC12)

This course is for students who have had little difficulty with Pre-Calculus 11. Pre-Calculus is required for students planning on entering a field that requires Calculus (i.e. Engineering, Sciences, mathematics, and some Business programs.) Topics include function

transformations, trigonometry, logarithms, functions and equations. Students are expected to own or rent a graphing calculator. *“Meets criteria for an academic 12 course at some universities.”*

CALCULUS 12 (MCALC12)

This course is designed to serve as a bridge to the calculus courses required in first year university. Content will include units on differentiation and integration and applications of each. Students who plan on registering in a university or college math course are strongly recommended to take this course.

Strongly Recommended Pre-Calculus 11 and 12.

FOUNDATIONS OF MATH 12 (MFOM-12)

This course is for students who are going into a university program that does not require Calculus. This course may or may not be required depending on the school and program being considered. Topics include financial math, set theory and logic, permutations and combinations, probability, polynomial functions, exponential functions and sinusoidal functions. Students are expected to own or rent a graphing calculator.

SECOND LANGUAGES

FRENCH 10 (FRANÇAIS 10) (MFR- -10)

French 10 is a course which is designed to continue to develop students' abilities to communicate in the French language by taking a communicative and experiential approach. Through listening, viewing, engaging in conversations, and storytelling students will explore French vocabulary, grammar, and Francophone cultures with a focus on Francophone Canadians. Students will continue to learn about various verb tenses, types of questions, personal means of expression, idiomatic expressions, and the ethics of cultural appropriation. A variety of activities will be prepared and conducted in French and supported by grammar and vocabulary lessons, in-class notes and activities, group projects, and oral presentation.

FRENCH 11 (FRANÇAIS 11) (MFR- -11)

French 11 is a course which is designed to continue to develop students' abilities to communicate in the French language by taking a communicative and experiential approach. Students will apply their learning in order to explore a variety of texts; identify perspectives in texts; respond from a personal point of view; explore regional



variations in French and Francophone cultural expression; and engage in experiences with Francophone communities and people. Vocabulary and grammatical content will include: questions, sequences of events, predictions and opinions, language etiquette, idiomatic expression, and cultural appropriation. A variety of activities will be prepared and conducted in French and supported by grammar and vocabulary lessons, in class notes and activities, group projects, and oral presentations.

FRENCH 12 (FRANCAIS 12) (MFR- -12)

French 12 is a course that allows students to develop a mastery of the French language, making it possible to explore future possibilities such as employment, continued studies at the post-secondary level, and travel. Students will explore in depth texts connected to the human experience as well as develop the ability to carefully edit their own work while keeping an intended audience in mind. A variety of avenues will be taken to explore French as a second language: reading, writing, speaking, and listening. Students will also continue to learn about Francophone cultures as well as First Peoples and their connections via storytelling, oral tradition, and symbolism. A variety of activities will be prepared and conducted in French and supported by grammar and vocabulary lessons, in-class notes and activities, group projects, and oral presentations.

SPANISH 10 (MSP—10)

Spanish 10 introduces students to the basics of the Spanish language and the cultures of Spanish-speaking countries. Through interactive activities, speaking practice, simple reading passages, and beginner-level writing tasks, students will build foundational skills in vocabulary, grammar, pronunciation, and conversational communication. By the end of the course, students will be able to understand and use common expressions, participate in basic conversations, and develop confidence using Spanish in everyday situations.

CAREER LIFE

CAREER LIFE EDUCATION 10 (Required Course) (MCLE-10)

Career Life Education is a required course for graduation and a prerequisite to Career Connections and the

Capstone Project courses. Career Life Education will have students explore three major concepts.

Key topics include:

- Personal Development
- Connections to Community
- Career Life Planning

These concepts will cover financial planning, goal setting, work-place safety, employability skills, and examining labor market trends.

CAREER LIFE CONNECTIONS 12 (Required Course) (MCLC-12)

In Grades 10-12, students further refine personal career-life development goals through experiential learning, cultivating community connections, gathering authentic evidence of learning, and reflecting on competency development. They explore post-graduation possibilities in diverse educational, work, and personal life contexts and build the personal career life management skills needed to effectively pursue who and how they want to be in the world. Career-Life Education (CLE) and Career-Life Connections (CLC) are part of the graduation requirements, and Career-Life Connections includes a career-life exploration component and a capstone.

FINE ARTS

All Fine Art Courses meet the grad requirement of 4 credits of Fine Arts.

ART STUDIO 10 (MVA10)

Discover, Experiment, Create!

Step into the world of art and unleash your creativity! In Grade 10 Art, you'll explore a variety of 2D and 3D mediums, everything from drawing and painting to sculpture and mixed media. This course is all about discovery and experimentation. You'll develop your skills with hands-on projects encouraging you to express your ideas and explore different styles. With each project, you'll build on your understanding of design principles and artistic techniques while starting to find your own artistic voice. Get ready to experiment, take risks, and start your journey of creative expression.

ART STUDIO 11 (MVA11)



Deepen Your Skills, Find Your Style

Ready to take your art to the next level? In Grade 11, you'll refine your technical skills and challenge yourself with more complex 2D and 3D art processes. You'll focus on developing personal imagery, and your artwork will begin to reflect your unique perspective and creativity. As you continue to explore a range of materials, you'll grow more confident in your ability to manipulate design elements and create meaningful and sophisticated artwork. With each project, you'll document and reflect on your creative journey.

ART STUDIO 12 (MVA12)

Master Your Craft, Express Your Identity

In Grade 12 Art, you'll push the boundaries of your creativity as you work at an advanced level. This course challenges you to explore a wide range of 2D and 3D art processes with depth and complexity while continuing to refine your technical skills. You'll dive into more personal and meaningful projects, exploring your identity and worldview through your art. With a strong emphasis on independence, you'll be free to express your unique voice while honing your problem-solving ability and reflecting critically on your work.

MEDIA ARTS 10 (MVA10)

Media Arts 10 is a course that will allow students the opportunity to develop technical competence, presentation application skills, and knowledge of the visual culture associated with Media Arts technologies. During this course, students will be given the opportunity to work with a variety of computer programs as they add to their artistic skill base. They will also learn about the creative artistic process, and that growth as a media artist requires organization, time patience, and reflection. As students learn about sharing traditions, perspectives, world views, and stories, their projects may involve: digital photo manipulation, film and video, animation, graphic design, computer applications (such as Adobe Creative Cloud programs), and traditional media.

This course is recommended for students interested in future Media Arts courses in grades 11 or 12.

MEDIA ARTS 11 (MVA11)

Media Arts 11 is a course that will allow students the opportunity to continue to develop technical competence, presentation application skills, and knowledge of the visual culture associated with Media Arts technologies. During this course, students will explore how Media Arts reflect the interconnectedness of the individual,

community, history, and society. In exploring how Media Arts can creatively represent self, identity, and culture, students' projects may include: digital photo manipulation, film and video, animation, graphic design, computer applications (such as Adobe Creative Cloud programs), and traditional media. Students will begin to develop a body of work for individual digital portfolios and for projects with a specific audience in mind. This course is recommended for students considering future studies in animation, video production, character design, game concept development, and digital photography.

MEDIA ARTS 12 (MVA12)

Media Arts 12 is a course that will allow students the opportunity to continue to develop and to refine their technical competence, presentation application skills, and knowledge of the visual culture associated with Media Arts technologies. During this course, students will explore how Media Arts are an essential element of culture and reveal insights into the human experience. Projects will be created with a specific audience in mind to create aesthetic experiences. Units covered could involve digital photo manipulation, animation, film and video, graphic design, computer applications (such as Adobe Creative Cloud programs), and the use of traditional media. Students will create individual portfolios of their work which showcase their abilities in a variety of these areas.

INTRODUCTORY BAND

Students who have not played a band instrument are mentored by advanced students until they are ready to perform with the group.

BAND 10 (MUB10)

BAND 11 (MUB11)

BAND 12 (MUB12)

Through rehearsal, both in and out of class, students enrolled in the band program will establish and refine musical skills with a brass, woodwind, or percussion instrument of their choice. Strong emphasis will be placed on the reading of musical scores and the development of musical skills. Students should be prepared to devote substantial amounts of time to practice and to attend concerts. Band classes are typically held after school.

DRAMA 10 (FDRM-10)

Students engage individually and collaboratively with forms and conventions of both drama and theatre.



Students explore dramatic arts from various cultures, and analyze how the knowledge and skills developed in drama are related to understanding their personal and cultural connections.

DRAMA 11 (FDRM-11)

Students develop dramatic skills individually and collaboratively using forms and conventions of both drama and theatre to gain a deeper understanding of themselves, and the world

DRAMA 12 (FDRM-12)

Students refine dramatic skills individually and collaboratively using forms and conventions of both drama and theatre. Students explore dramatic arts from various cultures, and analyze how the knowledge and skills developed in drama are related to understanding their personal skills, social awareness, and goals beyond secondary school

APPLIED DESIGN, SKILLS & TECHNOLOGY (ADST)

All Applied Skills meet the grad requirement of 4 ADST credits.

ADST - CULINARY ARTS 10 (MCUL-0A)

This course is designed to ignite passion for the culinary arts! Students will push the limits of their creativity in an inspiring environment and launch themselves into a world where art meets food! While simultaneously learning basic methods of cooking, baking and sanitation, students will have opportunities to prototype their own new recipes, compete in baking and cooking challenges, participate in food festivals, prepare international dishes, and participate in building spirit and community within our school and broader community through food! This course is designed to inspire a passion for exquisite cooking and baking at home, while also assisting aspiring future bakers and chefs to develop skills that they will carry with them to post-secondary institutions. *There are no prerequisites for this course.*

ADST - FOODS STUDIES 10 (MFOOD10)

Foods Studies 10 provides students with an opportunity to gain fundamental culinary knowledge and skills while preparing and serving food in a real-world setting. Students will work collaboratively with others both in the back of house and front of house daily to prepare a wide

variety of homemade soups, side dishes, entrées and desserts while learning best practice cooking methods and strategies. In addition, students will learn about and employ current industry standards for health and sanitation. Knowledge and experience gained through Food Studies 10 will be an asset for any students planning on applying for work in the food service industry or wishing to develop their skills as a great home cook and baker! *No prerequisite required.*

ADST - CULINARY ARTS 11/12 11 (MCUL-1A), 12 (MCLU-2A)

This course is designed to ignite passion for the culinary arts! Students will push the limits of their creativity in an inspiring environment and launch themselves into a world where art meets food! While simultaneously learning basic methods of cooking, baking and sanitation, students will have opportunities to prototype their own new recipes, compete in baking and cooking challenges, participate in food festivals, prepare international dishes, and participate in building spirit and community within our school and broader community through food! This course is designed to inspire a passion for exquisite cooking and baking at home, while also assisting aspiring future bakers and chefs to develop skills that they will carry with them to post-secondary institutions. **CA10 is Strongly Recommended for this course.**

ADST - FOOD STUDIES 11/12 11-(MFOOD11) 12-(MFOOD12) Food Studies 11 strongly recommended for this course

Food Studies 12 is a continuation of Food Studies 11. Students will further develop their culinary confidence and skills as they work collaboratively with others both in the back of house and front of house daily to prepare a wide variety of homemade soups, side dishes, entrées and desserts while learning best practice cooking methods and strategies. In addition, students will learn and employ current industry standards for health and sanitation. Students will build on the cooking and baking skills they have developed in Food Studies 11, assume leadership roles in the kitchen, and have the opportunity for prototyping, creating their own original recipes, and adapting current recipes.

ADST - WOODWORK 10 (MWWK-10)

This course will cover joinery technology developed by hand operations and machines. Design elements will be explored as they relate to construction techniques and period furniture. Individual projects will be assigned depending upon each student's experience and ability.

Note: Fees as per materials used over and above course requirements.

WOODWORK 11 (MWWK-11)

Woodwork 11 is both an introductory course for those with little, or no, construction experience, (Gr.11 entry) and an advanced course for those with experience in Woodworking (Completion of WW 9/10) and Drafting. Individual projects will be assigned depending upon each student's experience and ability. *Note: Fees as per materials used over and above course requirements.*

WOODWORK 12 (MWWK-12)

Woodwork 12 is a continuation of CJ11 with an emphasis on individual work, good shop attitudes, and mature work habits. Projects will be of an individual nature; however, time may be allocated for a mass production project. Students will also be required to perform basic shop maintenance throughout the year. *Note: Fees as per material used over and above course requirements.*

TECHNOLOGY & COMPUTER BASED COURSES

MEDIA ARTS 11 (FINE ARTS) (MVAMT11)

Media Arts 11 is a course that will allow students the opportunity to continue to develop technical competence, presentation applications skills, and knowledge of the visual culture associated with Media Arts technologies. During this course, students will explore how Media Arts reflect the interconnectedness of the individual, community, history, and society. In exploring how Media Arts technologies can creatively represent self, identity, and culture, students' projects may include: digital photo manipulation, film and video, animation, graphic design, computer applications (such as Adobe Creative Cloud programs), and traditional media. Students will begin to develop a body of work for individual digital portfolios and for projects with a specific audience in mind. This course is recommended for students considering future studies in animation, video production, character design, game concept development, and digital photography.

MEDIA ARTS 12 (FINE ARTS) (MVAMT12)

This course will allow students the opportunity to continue to develop and to refine their technical competence, presentation application skills, and

knowledge of the visual culture associated with Media Arts technologies. During this course, students will explore how Media Arts are an essential element of culture and reveal insights into the human experience. Projects will be created with a specific audience in mind to create aesthetic experiences. Units covered could involve digital photo manipulation, animation, film and video, graphic design, computer applications (such as Adobe Creative Cloud programs), and the use of traditional media. Students will create individual portfolios of their work which showcase their abilities in a variety of these areas.

YEARBOOK JOURNALISM 11 (BAA) (YCCT-1AYB1)

This course intended to give students an opportunity to create a school yearbook. Students will learn about Graphic Design, digital photography, planning page layouts, and editing images using Adobe Photoshop. Students will also be involved in yearbook sales and advertising, as well as creating a year-end slideshow collaboratively as a team. Grades are determined on the basis of learning the software and completion of specific pages according to predetermined and strict publisher deadlines. (Fine Arts or Applied Skills)

YEARBOOK JOURNALISM 12 (BAA) (YCCT-2A)

This course is available to those students who have completed Yearbook 11 or with teacher approval. Students enrolled in this course would be expected to have a strong knowledge base of Graphic Design, digital photography, planning page layouts, and editing images using Adobe Photoshop. They would also be expected to take on a leadership role and have the responsibility of being an editor for the yearbook.

PHOTOGRAPHY 10 (MVAPH10)

Photography 10 focuses on photographic materials, technologies, and processes in (digital), traditional (darkroom) and/or alternative ways (cyanotypes). Using light and optics to capture images, students will learn about photographic processes as they relate to sharing traditions, perspectives, worldviews, and stories.

PHOTOGRAPHY 11 (MVAPH11)

This course provides an introduction to, digital photography (the computer lab is our darkroom) and includes technical and creative components. Camera safety, parts and functions, Photography terms and conventions, as well as historical movements will be

studied. This course will encourage students to explore contexts, genres, and society while discovering their own expressive possibilities through experimentation.

PHOTOGRAPHY 12 (MVAPH12)

This course builds on Photography 11. Students will study developments in photography, understand and apply the elements and principles of design in photographic production and digital photography, develop a portfolio of personal work and explore career options. Image creation and critique while considering context and society are important components of this course. Creating a body of work comprised of images which together contribute to meaning (in a series) is also an important consideration at this level.

PHYSICAL ACTIVITY COURSES

PHYSICAL & HEALTH EDUCATION 10 (Required Course) (MPHED10)

In this course students will be expected to learn and develop their skills in a variety of athletic activities and learn about the health benefits of physical activity. Students will learn about the consequences of health-related decisions regarding eating, sleeping, and technology habits. Students will learn about the consequences of and how to protect themselves from bullying and discrimination. Students will also receive information on healthy sexual decision making and learn about some common mental health issues.

ACTIVE LIVING 11 (MACLV11) & ACTIVE LIVING 12 (MACLV12)

In this course, students will participate in daily physical activity, improve physical literacy, understand the importance of safety and injury prevention, reflect and respond to motivational factors, and observe and analyze the impact nutrition has on physical performance. Students will participate in 8 Active Units, complete a Inquiry Project, and work on a Active Living Plan. Students should expect to be physically active 5 hours per week and must come to class prepared with appropriate gym attire including shoes and active wear separate from their school attire.

FITNESS AND CONDITIONING 11/12

11 (MFTCD11) 12 (MFTCD12)

Fitness & Conditioning is a course open to all students having completed PE 10. The focus will be on supporting and encouraging students to follow a healthy, active lifestyle path. Individual students will design and implement their training plans and are expected to monitor and assess the effectiveness of their plans in relation to personal goals. Students will explore and engage in current trends in fitness including strength training, core training and flexibility, CrossFit, and sport-specific training. Basic anatomy and physiology will be covered, and proper technique and safety will be emphasized. This course will aim to develop a high level of physical fitness knowledge and ability that students will be able to implement in their lives after graduation.

INNOVATIVE LEARNING

LEISURE AND RECREATIONAL ACTIVITIES 10 11, 12

10 (YLRA-0A), 11 (YLRA-1A) 12 (YLRA-2A)

Recreational Leisure 10–12 is a course designed to help you explore fun, active, and healthy ways to enjoy your free time. You'll take part in a variety of non-competitive sports, outdoor activities, and wellness practices that encourage lifelong fitness and balance. Along with trying new physical activities, you'll also get the chance to experience different recreational opportunities in and around the community through class outings and hands-on experiences. This course is all about discovering what you enjoy, staying active in a supportive environment, and building healthy habits that fit your lifestyle.

AEL(ACTIVE ENVIRONMENTAL LEADERSHIP)

This full-year program combines Environmental Science, Outdoor Education and Leadership into an immersive experiential learning journey. Students will develop leadership skills while studying and actively engaging with environmental issues through outdoor experiences, field studies, and community projects. Through hands-on investigations, outdoor adventures, and student-led initiatives, learners will deepen their understanding of ecological systems, develop outdoor competencies, and emerge as confident environmental leaders. This program offers authentic opportunities to apply scientific concepts, build outdoor skills, and practice leadership in real-world contexts while making meaningful contributions to our local environment and community.



This is a year-long combination of 3 courses (12 credits total) utilizing one block of time per semester. It is comprised of Outdoor Education (4 credits), Environmental Science (4 credits) and Leadership (4 credits). Students enrolled in the course are likely to experience unique field trip experiences.

DISTANCE ED COURSES

Additional courses may be provided through Distance Education or in conjunction with other schools using technology depending on demand; or in class depending on student demand. The following descriptions are examples. A full course menu is available from the school counsellor, or you can explore all the options at learnnowbc.ca. Students that are interested in DL courses should be motivated to complete coursework during a work block or independently on their own time. District DL School: SCIDES.org

WORK BLOCK

Students enrolled in a work block are expected to work on a distance course for at least 50% of the block during the day. If a student would like to have more than 1 work block per year, they must have completed their distance course in the first enrolled work block.

INDEPENDENT DIRECTED STUDIES 10, 11, 12 (10-MIDS-0A) (11-MIDS-1A) (12-MIDS-2A)

Independent Directed Studies (IDS) is a program that allows students to design their own course, in an area of interest or personal passion. Working with our teachers, their peers and a mentor, each student creates and carries out an individualized learning project over the course of a semester. Coaching in any sport could be a candidate for an IDS course. IDS is not limited to sports. Courses could be designed for textiles, dance, computer animation, horseback riding, photography, computer programming or any other interests our students might have. As long as we can find one learning outcome from a Ministry approved course that fits, and a mentor to share their expertise, we can pursue the possibility of designing a course. Students will work on the course here at PSS as well as in the community with their mentor. Students who have an interest or passion that they want to pursue and are capable of independent work should choose this course.

TEACHER ASSISTANT II (YIPS-1A-TA)

Students who have skill and passion for a particular subject area can apply to be a teachers' assistant in that subject area. Suitable for people who want to help others

attain a passion and skill for a subject. Also suitable for those thinking about entering the field of education.

YOUTH WORK IN TRADES (11-MWRK-1A) (12-MWRK-2A)

This program allows you to begin an apprenticeship while still in school. You may begin this program in grades 11 & 12. You should take a career prep program to suit your apprenticeship and you will need 480 hours of PAID work experience. Graduation from high school and the work experience will satisfy the first-year requirements for an apprenticeship. You will receive up to 16 credits. For more information, please see the Work Experience coordinator.

WORK EXPERIENCE 12 (MWEX-2A)

100 Hours of Work Experience

The Career Prep Work Experience is a required course for all Career Prep Programs but is not required for graduation. However, several Post-Secondary Training Institutions give preferential treatment to Career Prep Work Experience students.

Here are some examples:

1. CP Trades, Transport and Equipment Operations
2. CP Business, Finance and Administration
3. CP Health Occupations
4. CP Natural and Applied Science
5. CP Occupations in Art, Culture, Recreation and Sport
6. CP Primary Industry
7. CP Sales and Service
8. CP Social Science, Education, Government Services and Religion

If you want to enroll in one of these CP programs, you will complete 100 hours of work experience. Retroactive hours may not be used. Students are encouraged to find their own placement within the community after meeting with the work experience coordinator.